



NOVEMBER 1-3 | 2024  
Sofia | Bulgaria | Hotel Marinella

## 27<sup>th</sup> World Congress of Clinical Nutrition

27<sup>th</sup> WORLD CONGRESS ON CLINICAL NUTRITION

POWER OF NUTRITION IN MANAGEMENT OF DISEASES

VENUE-MARINELLA HOTEL , SOFIA

Friday, 1<sup>st</sup> November 2024

**10:00-14:30 Registration**

**Hall Sofia II**

**14:00-15:30 Session I ADVANCE IN NUTRITION**

**Chairpersons : Y. Danailova, R.B. Singh**

**14:00-14:20** Nutrition and transition in clinical research Poonam Tiwari /India/

**14:20-14:40** The use of essence of chicken herb for improving breastmilk production-  
A.Sulaeman/Indonesia/

**14:40-15:00** Clinical assessment of nutrition-J.Singh/India/

**15:00-15:20** Personalized gut microbiota based approach for healthy nutrition-  
O.Medvedev/Russia/

**Session II NUTRITION THROUGH LIFE COURSES**

**Chairpersons : Y. Danailova, L. Silva**

**16:00-16:20** Functional food and health promotion-S.Nwozo/Nigeria

**16:20-16:40** Human gut microbiome and healthy nutritional practice-Laila Hussein/Egypt/

**16:40-17:00** Functional food and health-Leonor Silva /Portugal/

**17:00-17:20** Nutrient and brain function-RB Singh/India/

**17:20-17:40** Obesity: a chronic and relapsing disease-T.Durlenska/Bulgaria/

**17:40-18:00** Chrono nutrition and metabolic health-G.Cornelissen/USA/

**18:00-18:30 Opening Ceremony**

**19:00 Cocktail / Reception / Central lobby**

**Saturday, 2<sup>nd</sup> November, 2024**

**09:00-10:00 Session III NUTRITION IN MANAGEMENT OF DISEASE. I PART**  
**Chairpersons : A. Magomedova, R.B. Singh**

**09:00-09:30** Eating behaviours and health-A.Magomedova /Russia/

**09:30-09:45** Advancing the care of HF and T2DM - O.Elmaraghi. / Kuwait/

**09:45-10:00** Ideal nutrition for diabetic chronic renal failure patients - R.G.Singh /India/

**10:00-11:00 DR ZUMKLEY MEMORIAL. AWARD SESSION**

**Chairpersons : C. Zumkley , RB Singh**

**Nomination: Prof. Fabien De Meester**

**11:00-11:30 Coffee break and visit to the exhibition**

**Central lobby**

**11:30-13:30 Session IV NUTRITION IN MANAGEMENT OF DISEASE. II PART**

**Chairpersons: Y. Danailova, L. Silva**

**11:30-11:50** Reduction of cardiovascular outcomes in obese patients - M.Salah. /UAE/

**11:50-12:10** Nutritional and technological integrated approach to the control of type  
2 diabetes-A. Magomedov /Russia/

**12:10-12:30** TRM and diabetes-N.Verma /India/

**12:30-12:50** Pleotropic effects of polyphenols in cardiovascular system-N.Hadi /Iraq/

**12:50-13:10** Circadian meal timing and cardiovascular health - G.Fatima /India/

**13:30- 4:00 Lunch break**

**14:00-16:00 Session V NUTRITION IN MANAGEMENT OF DISEASE. III PART**

**Chairpersons: RB. Singh , I. Telessy**

**14:00-14:20** Effect of nutritional factors on immunity-H.Ridwan /Indonesia/

**14:20-15:00** Pharmaceutical innovations in the nutritional therapies of the  
cardiometabolic syndrome management-T.Istvan /Hungary/

**15:00-15:20** Dietary polyphenols in the prevention and treatment of chronic  
inflammatory diseases- I.Jantan /Malaysia/

**15:20-15:40** Ban of biophotons & applying sidereal vs solar time structures-  
F.De Meester /Belgium/pro

**15:40-16:00** Ban of biophotons & applying sidereal vs solar time structures-  
R.Singh /India. /cons.

**16:00-16:30 Coffee break and visit to the exhibition**

**Central lobby**

**16:30-18:00 VI NEW DIRECTION IN NUTRITION AND HEALTH**

**Chairpersons. Y. Danailova, L. Da Silva**

**16:30-16:45** Nutrition strategy in oncology-M.Dobrev/Russia/

**16:45-17:05** Clinical assessment of nutritional status-J.Singh /India/

**17:05-17:25** Food safety and quality management in relation to the human health-

A.Chauhan /India/

**17:25-17:45** Okara nutritional compounds and their properties for human health-

L.Da Silva /Portugal/

**17:45-18:00** Beneficial and cost-effective effects of bitter melon as food/herbal medication to treat diabetes, obesity, hypertension and cancer-J.Singh /India/,

L.Da Silva/Portugal/

**Sunday 3<sup>rd</sup> November 2024**

**09:00-10:45 Session VII NITRITION AND OBESITY**

**Chairpersons : Y.Danailova, J.Vikrilova**

**09:00-09:18** Obesity and diastolic cardiac dysfunction - history of dietary fat and atherosclerosis-Galal E. Nagib Elkilany /USA/

**09:18-09:36** Feeding healthy and healthy and at-risk babies-J.Vikrilova /Bulgaria/

**09:36-09:56** Nutrition and most common mortal diseases of modern times-

Y.Danailova /Bulgaria /

**09:54-10:12** Nutritional intervention in the period of peri- and menopause – prevention of socially significant diseases-I.Gerova /Bulgaria/

**10:12-10:30** Kameda's Rice innovations and healthcare perspectives- L.Juneja /Japan/

**10:45-11:15 Coffee break and visit to the exhibition**

**Central lobby**

**11:30-13:00 Session VIII NUTRITION. RESEARCH AND GLOBAL PROSPECT**

**Chairpersons: R.B. Singh, Y.Danailova**

**11:30-11:50** The impact of betalain and betacyanin rich supplements-N.Hadi/Iraq/

**11:50-12:10** Recent advancement in standards of nutraceutical/food supplements- M.Singh /India/

**12:10-12:30** Diet, dysbiosis and health risks-Y.Danailova/Bulgaria/

**12:30-12:50** Dietary prevention of kidney disease-S.Siddiqui

**12:50-13:00 Closing Remarks**